***EKCS Physical Education***

***Course Syllabus***

**Due to the current situation, the following are the requirements for the first 10 WEEKS of school:  Guidelines and regulation may change at any time during the school year.**

**-Masks are required for indoor PE.**

**- Masks are NOT required for outdoor PE.**

**-Students must social distance 3 feet apart based on the physical activity they are participating in.**

**-Locker rooms are now open and ready to use. Social distancing and masks are required at all times in the locker room.**

**-Students are required to change as of now for PE.**

**- PE class will be going outside as often as possible.**

**-Students are responsible for coming to class prepared to go outside in different weather conditions.  Please bring hoodies, jackets, hats, gloves, sweat pants.**

**Grading Policy**

**2pts – On-time and prepared.**

**2pts – Actively engaged and participating.**

**1pt – Sportsmanship/respect, personal responsibility.**

**=5pts total for the day**

**Dress Code**

-          Students are required to change their clothes before and after class to receive full credit

-          Each student is expected to bring a complete change of clothes for each class

-          Must adhere to the school’s dress code

o   T-Shirt/Sweatshirts only will be allowed

o   Athletic pants/shorts and sweatpants will be allowed

o   Footwear must be properly fastened, with appropriate support and traction

-          While in the pool:

o   Females must wear a one piece, tank style competitive swimsuit

o   If a two piece is worn, students will be required to put an appropriate t-shirt on

o   Males, are required to wear swimming trunks (no speedos)

o   T-shirts will be allowed, but they must be snug and used for swimming (i.e. under-armor, body glove, and any other water shirt.)

**Unprepared Students**

-          Assignments for other classes will not be worked on during class

-          If a student is unprepared 6 times in one marking period, they will automatically fail the ten week marking period

-          If a student receives and unprepared, they will not be allowed to make-up that class

-          IF YOU ARE NOT SURE IF YOU HAVE CLASS, COME PREPARED!

**Absences**

-          Students are expected to make-up all work missed from being legally absent

-          Unexcused absences may **NOT** be made up

-          Excused absences may be made up within one full 6 day cycle, or else the student will receive a zero.

-          Three short term medical excuses from a parent, nurse, or doctor can be accept each quarter

-          Short term medical excuses can be made-up as long as an assignment sheet has been completed

-          If classes are not made up, the student will receive a zero for that class

-          If a student is out for more than three classes, it is considered a long term excuse, and a doctor’s note is needed

-          Students with long term medical notes will have the choice to make-up the classes or complete a project in-class

**Procedures and Safety Rules**

-          No cell phones are to be used in the locker rooms

-          Cell phones are only allowed in the gym when permission is granted

-          Locker rooms will be locked during class

-          Students will have 3 and a half minutes to change once the second bell have rang

-          Students are not allowed in the storage rooms without permission

-          No touching of equipment until instructed to

-          Food, drinks and gum are not allowed in the gym

-          All jewelry must be removed

-          Foul language is not permitted

-          Aerosol hair sprays, deodorants, or glass containers are not allowed in or around the locker rooms and gymnasiums

-          Any personal belongings that are lost or reported stolen are not the teacher’s responsibility

**Grading**

-          Daily Grade

o   On-time   Prepared       Actively Engaged

o   Participation   Sportsmanship/Respect     Safety

**-          Assessment Grade**

o   Assignments         -  On-line Quizzes

o   Interim Tests        o   Final Exam

**Grading Policy per Grade Level**

-          6-8 (70% -Daily Grade, 30%-Assessment, homework, quiz)

-          9-10   (60% - Daily Grade, 30% - Assessment, quiz 10% Home Work)

-          11-12 (60% - Daily Grade, 30% - Assessment, quiz 10% Home Work)